

**Parent/Guardian Consent**

I give my child (named on reverse side) permission to participate fully in the designated program(s) at Trinity Lutheran Church. In the event of an emergency, and I or the emergency contact cannot be reached, I give Trinity Lutheran permission to take my child to emergency medical treatment and hereby authorize a representative of Trinity Lutheran to consent to and authorize medical treatment, surgery or dental care given to my son/daughter as considered advisable or necessary in the judgment of an emergency medical professional or attending physician.

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

Emergency Contact \_\_\_\_\_ Phone \_\_\_\_\_ Relationship \_\_\_\_\_

Family Physician/Clinic \_\_\_\_\_

Insurance Company \_\_\_\_\_ Policy # \_\_\_\_\_

Allergies or other health concerns: \_\_\_\_\_



115 N. 4th Street • Stillwater, MN 55082  
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# the **ROCK**

2009–  
2010

Recreational  
Opportunities for  
Christian  
Kids



## the **ROCK** pledge

**I promise before God . . . .**

- to do the best I can
- to be a team player
- to respect my teammates, my opponents, and coaches
- to improve myself in spirit, mind and body
- and win or lose, share the love of Jesus with everyone.

# ROCK REGISTRATION 2009-2010

1. Use one registration form per child. **Registrations will be accepted at the church and online at trinitylc.org.**
2. Registrations will only be accepted with **both sides of the registration form completed and the fee attached.**
3. Please make checks payable to: Trinity Lutheran Church (grades 1-2, \$40 per child/\$60 per family max – grades 3-4 \$100 per child)
4. **Registration deadline is Wed, Oct. 21, 2009.**

Child's Name: \_\_\_\_\_

Current Grade: K 1 2 3\* 4\*  Male  Female

\*Grades 3 & 4 choose a skill level:  Novice  Competitive  School Name \_\_\_\_\_

I am willing to coach a team.

Parent(s)/Guardian(s): \_\_\_\_\_ Phone \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Email \_\_\_\_\_

Trinity Member:  Yes  No

**Participant T-Shirt:** (circle one)  
 Child Size: M (10-12) Lg (14-16)  
 Adult Size: Sm Med

**TJ Anderson**  
 439-7400, ext. 120  
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**Deb Simcik**  
 R.O.C.K. Program Coordinator  
 275-0859  
 dsimcik@hotmail.com

## Grades 1-2

*Christ-Centered Basketball:* It's all about basketball skills and team play. Devotions and prayer are a part of every practice and game.

*Practices and Games:* Boys and girls practice and have games together. The season begins in December and runs for 10 weeks. Trinity's practices will be held on Mondays beginning in December. Games will be held on Saturdays beginning in January.

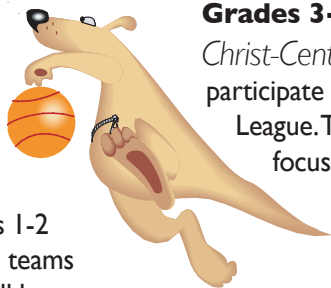
*Registration Fee:* A one-time seasonal fee of \$40 per child/\$60 per family max is required with completed registration. Every participant receives an exclusive R.O.C.K. t-shirt.

## Grades 3-4

*Christ-Centered Basketball:* Students in grades 3-4 participate in the Maplewood Community Basketball League. This is a competitive league, although our focus will be on player development. Equal play is the goal to the greatest extent possible. No games or practices will be scheduled on Saturday evenings or Sunday mornings, to ensure that children remain active in their church's weekly programs.

*Practices and Games:* Boys and girls have separate practices and games. The season begins in November and runs through March. Trinity's practices will be held at Trinity on Tuesdays or Thursdays depending on the team to which a student is assigned. Dates and times will be mailed to all those who are registered. Team assignments are made the first week of practice. Games are scheduled for Saturday morning or afternoon at sites in the east-metro. Parents are responsible for the transportation to and from games.

*Registration Fee:* A fee of \$100 per child, per season, is required with completed registration. Every participant receives a league jersey.



## What is the R.O.C.K.?

The acronym stands for Recreational Opportunities for Christian Kids.

It is designed to be a non-competitive, skills-based basketball program with an emphasis on Christ-centered team play. Children are taught the value of character development and how it relates to living in a Christian community.

### Who can participate?

We invite boys and girls in grades 1-4 who attend Trinity to participate. Grades 1-2 will be together as teams and Grades 3-4 will be together as teams.

**Have you been searching for a fun recreational program for your child in a church setting?**

**Have you wished there was a place for kids to build skills in sports without the travel and focus on competition?**

**Would you like your child to be part of an ecumenical program year-round?**

**If the answer is YES to any or all of the above questions – check out this exciting program concept!**

*\*Mature kindergarten students are welcome.*

## Can I register my child if I attend a church other than Trinity?

*Absolutely!* Friends, family members and neighbors are all welcome to register through Trinity.

*Volunteer Coaches:* R.O.C.K. relies solely on the participation of adults through coaching leadership. Volunteer coaches are assigned to teams, with a ratio of one coach to five children.

*End of the season celebration:*

Our season concludes with a celebration at Trinity to be announced at a later date.